
	GOUT: HOMEOPATHIC APPROACH	
	<p>DR. RONAK SHAH'S DIVINE HOMEOPATHY</p> <p>SINCE 1991 — Restoring Vitality — M.D.(HOM.)</p> <p>☎ 9825050054 🌐 dr-ronakshah.com</p>	

GOUT: HOMEOPATHIC APPROACH

Gout is one of the oldest and most common forms of arthritis. Its primary symptoms are the sudden onset of pain with the sensitivity of the affected joints, mostly seen in the big toe. It also occurs of the knees, ankles, feet, hands, wrists and fingers. This sequence is unique- arthritis first begins with severe pain. As the situation progresses, the joint swells, the part remains warm and sensitive to touch. Long-term uncontrolled arthritis can damage the joints.

Arthritis often affects people who do not care about food and prefer alcohol. It can affect all age groups. The normal level of uric acid in the blood is 3.5 to 7.2 mg/dL. The disorder occurs when the amount of uric acid in the blood, tissue, and urine is high. As a result, uric acid accumulates in the blood and tissues and forms arthritis.

Arthritis has four different stages:

1. Asymptomatic: There are high levels of uric acid in the blood but no complaints of joints
2. Acute Phase: Acute complaints described above occur for a short period of time
3. Intracritical phase: There is no pain or swelling in the joints in this stage, the patient is relatively symptom-free.
4. Chronic: Arthritis attacks can become frequent during this phase and the condition can affect many joints at a time (polyarticular). The design of the hat can also be seen.

At Divine Homeopathic Clinic, we choose solutions according to all presentations of the problem, the person's lifestyle, mental and emotional state, stress level, diet, and family history. Homeopathic medicines for arthritis also help in relieving symptoms and reducing related swelling in the joints. These medicines do this by reducing the excessive production of uric acid in the body and speeding up the removal of this waste product by the kidneys where needed. Symptoms such as pain, swelling, etc. in the affected joints can be controlled with these medicines. Also, excessive uric acid treatment may help treat the long-term tendency to develop frequent episodes of gout. The top homeopathic medicines for treating arthritis include Colchicum, Benzoic acid, Ledum Pal, and Berberis vulgaris.